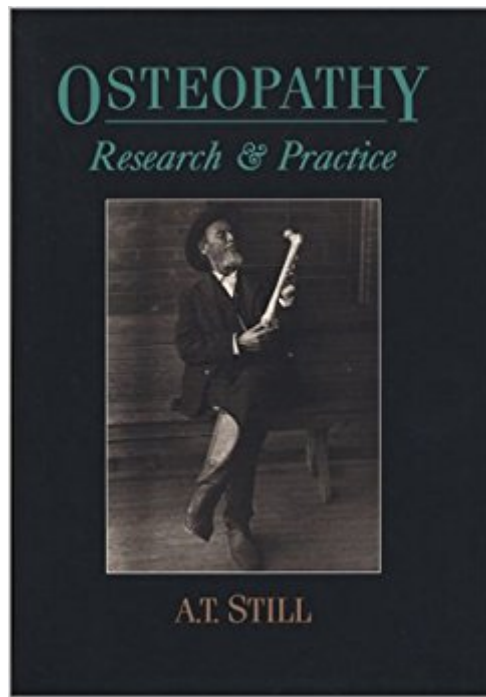


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# Osteopathy: Research And Practice



## Synopsis

This influential book is the last work of A.T. Still, the founder of osteopathy, whose ideas have greatly influenced the practice of all forms of manual medicine during this century. The book was first published in 1910 but was long out of print. In this final summation of the fundamentals of osteopathy, Dr. Still expresses his vision of health and disease, and what it means to be an osteopath. He then looks at each region of the body and describes in detail his approach to the diagnosis and treatment of specific disorders. A new introduction by Harold Goodman, D.O. provides historical background and sets this book in the context of the 'Old Doctor's' other writings. This new cloth edition of *Osteopathy Research and Practice* should be required reading for all practitioners of manual medicine.

## Book Information

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## Customer Reviews

So much of what is termed natural healing in America had its start with Dr. Still. He is a figure of such eminence to the development of the idea of the body healing itself, that is hard to over-state it. The genesis of many other therapies, Chiropractic, Rolfing Structural Integration and other structural therapies is in Osteopathy. Though there are certainly precedents for some Osteopathic insights (Swedenborg's notion of the movement of cranial bones), the fact is that Dr. Still was a great innovator. Goodman's introduction is quite informative and well organized. (Some of the curiously offbeat machinations of early Osteopaths are described in other texts and make, occasionally, for amusing reading.) A familiarity with this seminal text is important for a notion about how much we

have lost in contemporary culture in the innate regenerative power of human beings. So while with this book alone you don't get a full picture, it is an inspirational place to start.

One of the most interesting books I have ever read about a way to health that is so basic it seems silly, however, it is absolutely true! If you have an interest in living pain free, you should check out this book and a good osteopathy practitioner!

Excellent overview!

Love this book!!

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